SETICC

Co-production and TIC

“When a flower doesn't bloom you fix the environment in which it grows , not the flower “

Alexander Den Heijer

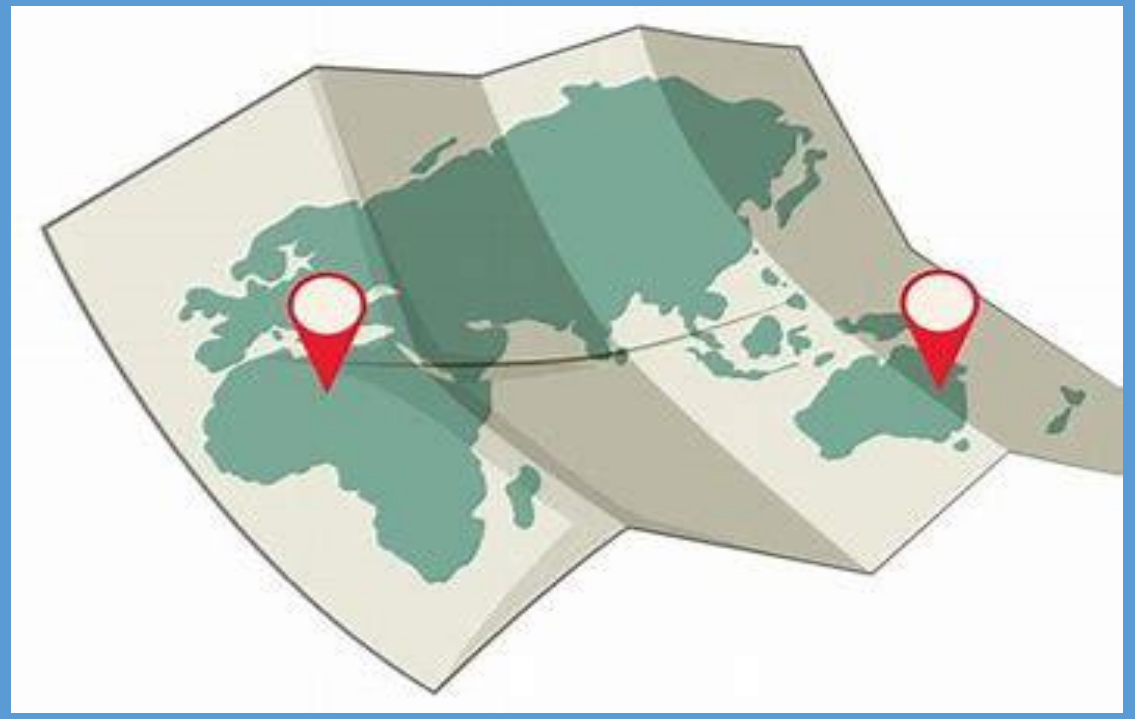
Co-production and T.I.C.

Co-production is often the missing or unrealised element in Trauma Informed Care. Yet, it's the most important aspect .....

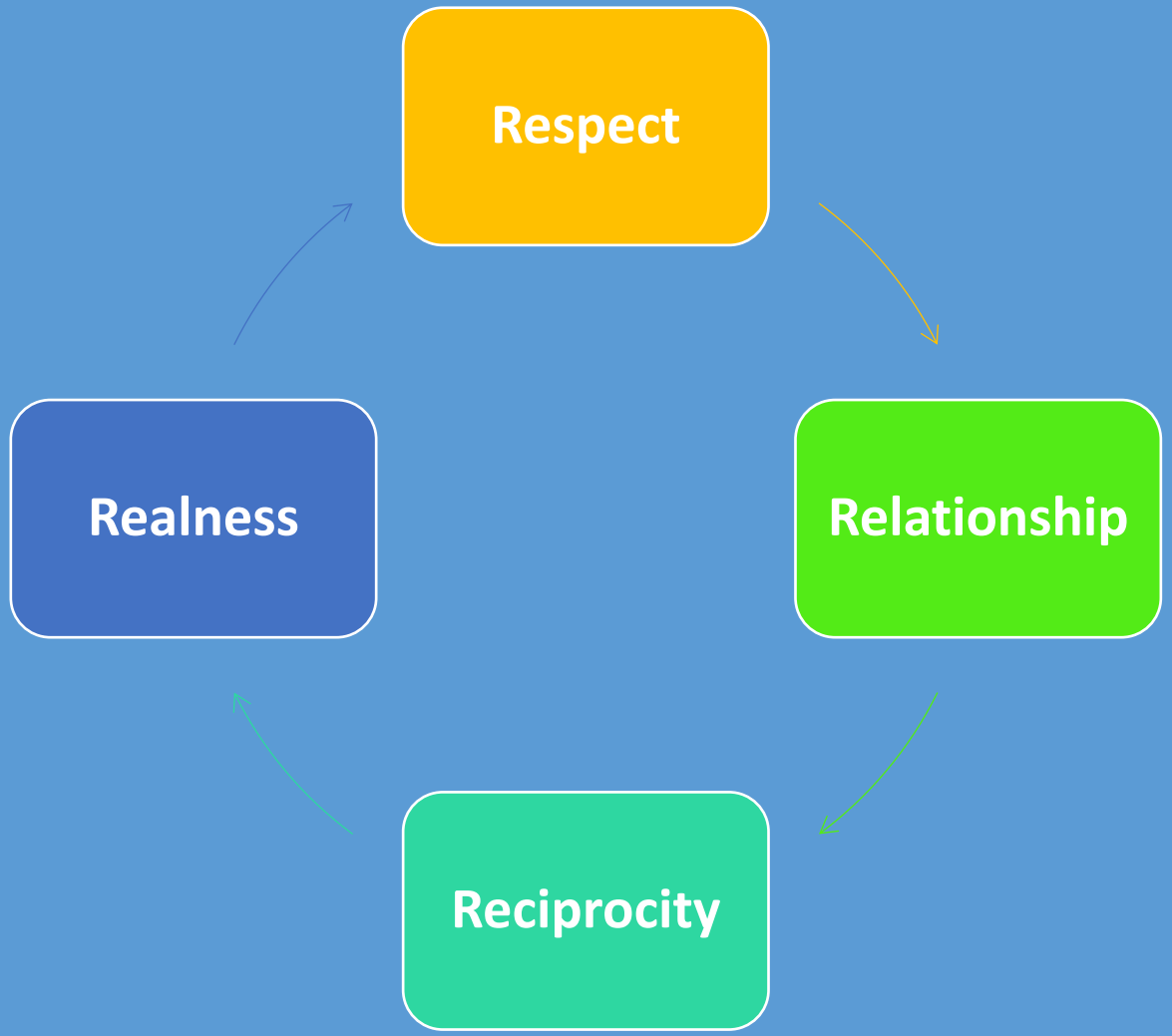
Co-production is:

Our starting point

Not our Destination



*'The 4 R's '*of Co-production in T.I.C. :



HOPES and FEARS

Hopes

- Support (Staff and Lived Experience)
- Achievability
- Culture Shift
- Sustainability
- Time
- Feeling Listened To
- Trust

Fears

- Support
- The need to believe it can change
- Not allowed to be Trauma Informed
- Flavour of the month (fizzle out)
- Not enough time given
- Not being listened to/heard
- Balancing wants and needs (Trust)

Our Known Evidence :

- We value our own experiences as **knowledge** and **evidence**
- We all have our individual “World Views “
- T.I.C. is essentially an “experience informed , learning centred approach

Why is sharing perspective Important

Better Together Research Findings :

- Recovery is Possible = 0
- Safe Space = 0 (safety is mentioned 26 times in relation to public safety)
- Accessibility = 3
- Peer Support = 1 (can be beneficial)
- Non – judgemental = 0
- Social Capital = 1
- Lived Experience = 0
- Mutuality = 0

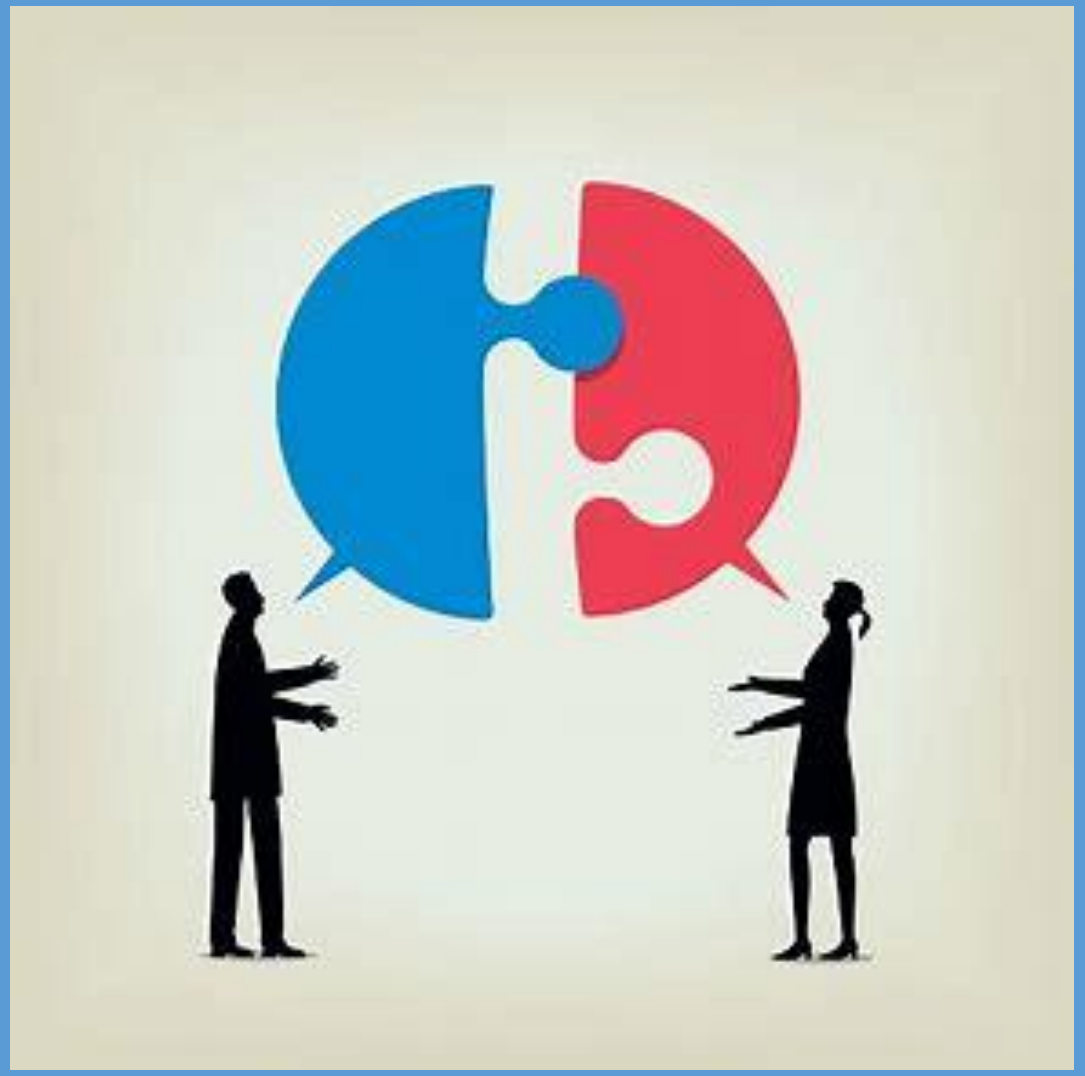
“Off the shelf approach”

Vs

“From the self approach”

Talking to learn and learning to Talk

- People learn best through dialogue
- We make sense of what we learn through dialogue



Our approach is :

Exploratory- people say what they think , share their reasons and are open to changing their minds as a result of what people share.

E.g.

“Thank you for sharing that “

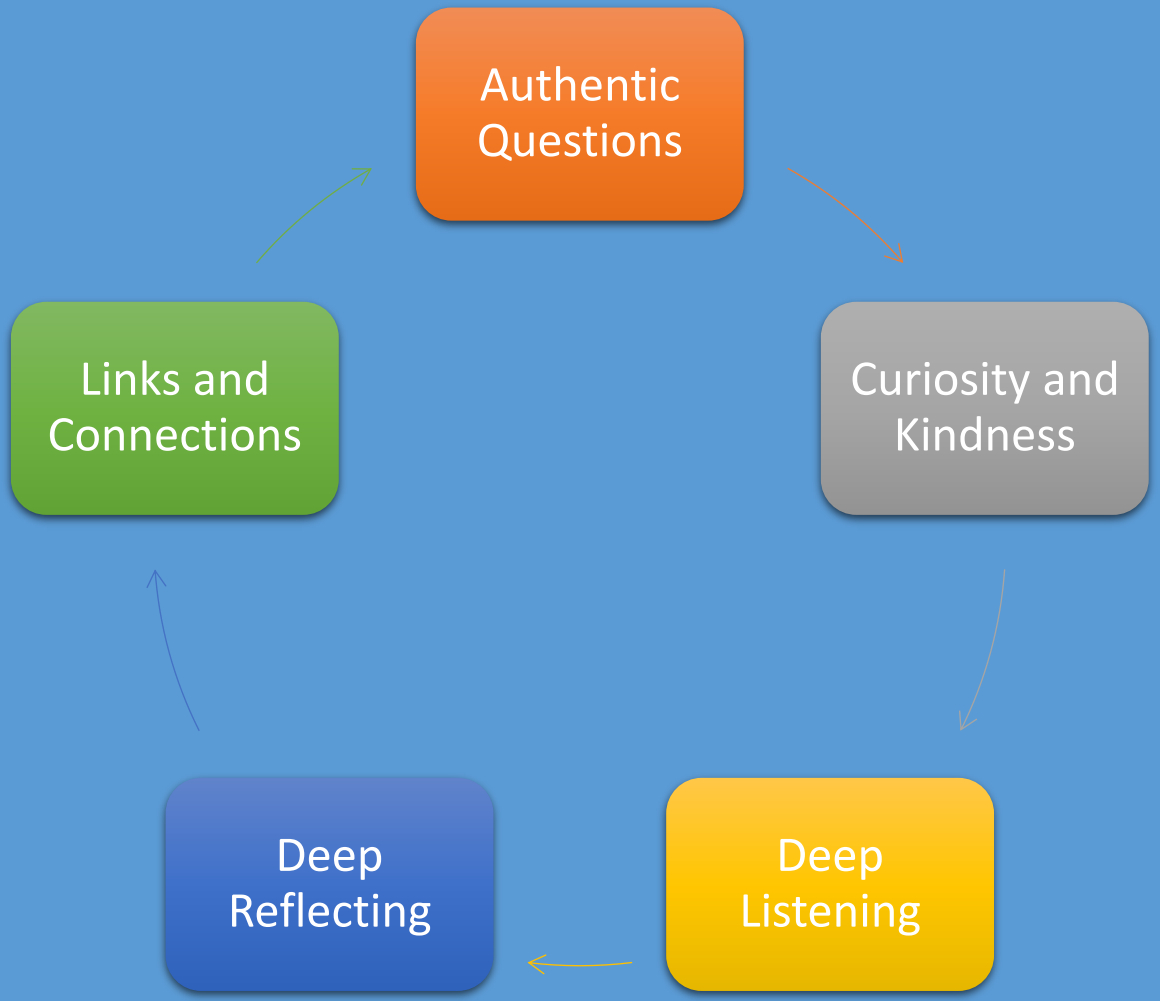
“That puts things in a different perspective

Becoming Thinking Partners

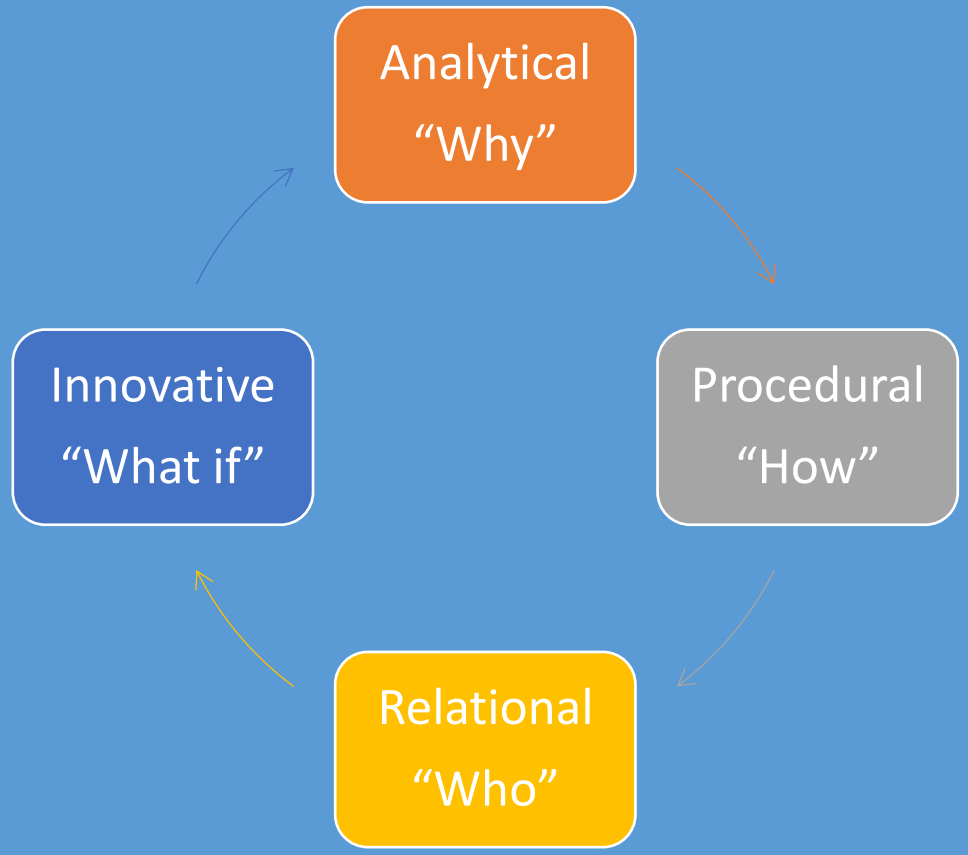
*"The word "**UBUNTU**" means that a person becomes human through other persons"*

-Archbishop Desmond Tutu

Collaboratively Speaking:



Collaboratively Curious :



'The power to question is the bass of all human progress'

-Indira Gandhi

Collaborative Action

Move Toward Together

Change requires a “Step” for everyone

Facilitation vs Leading

Roles are shared among the collective

Vulnerable Edges

We openly discuss our comfort /discomfort levels with tasks

Co-production /TIC Review

Each step is planned and reviewed

We check regularly to ensure we are “Waking the Walk”

Co- Learning

We foster a learning system by supporting and learning from each other

Lead By Example

We don’t ask questions we are not willing to answer for ourselves

Learning Circle Structure :

T.I.C. is a Learning approach

T.I.C. Principles	Learning Circles	Co-production Principles
Safety	Create environments of care and learning	Being mindful of , and seeking to balance power between people getting support, staff providing support and managers
Empowerment, Voice and Choice Peer Support	Value and use a range of experiences and evidence	Recognising People as Assets Encouraging Peer Support
Cultural Humility	Develop meaningful relationships	Developing tow way reciprocal relationships
Collaboration	Think sand Talk together about what we learn and discover	Blurring the lines between those receiving and delivering services
Trustworthiness and Transparency	Recognise and respond to needed changes through shared learning and discussion	Facilitating rather than delivering

There is also an unspoken Relational Reality …

The System vs The Circle
Tensions in Learning ,Innovation,& Co-production

The System (needs to control)

- Ensuring Collective Decision Making
- Challenging People
- Ensuring things are done well
- Ensuring Structure
- Ensuring deadlines are met

The Circle (needs to be open/free)

- Letting People come up with ideas
- Supporting and encouraging people
- Nurturing learning and development
- Allowing Improvisation
- Giving time

“When any real progress is made , we unlearn and learn anew what we thought we knew before”

-Henry David Thoreau